

CME – Panchakarma in Cancer (17th January 2022 to 22nd January 2022)

Bharatiya Sanskriti Darshan Trust's Ayurved Mahavidyalaya, Wagholi, Pune and Integrated Cancer Research Centre (ICTRC), Wagholi, Pune conducted 6 days CME program which was sponsored by Ministry of AYUSH and coordinated by Rashtriya Ayurved Vidyapeeth from 17th January 2022 to 22nd January 2022.

Dr. Arvind Kulkarni, Director, Oncology, ICTRC, Wagholi, Pune, inaugurated the CME on 17th January 2022 and also highlighted about areas and scope of integration in Cancer management. Dr. Sadanand Sardeshmukh, Director, Bharatiya Sanskriti Darshan Trust, Wagholi, Pune, shared his experiences about cancer research and role of Ayurveda for prevention and treatment of cancer. Dr. Pallavi Moghe, Assistant Professor, Agadtantra Department, B.S.D.T's Ayurved Mahavidyalaya, Wagholi, gave introduction of CME and Dr. Shruti Salian, Assistant Professor, Samhita Department, B.S.D.T's Ayurved Mahavidyalaya, Wagholi, gave vote of thanks.



Day 1: - 17th January 2022

Dr. Tushar Patil, Medical Oncologist, Pune, delivered a lecture on modern perspective of cancer and role of Chemotherapy in the management of various types of cancer.

Dr. Arvind Kulkarni, Director Oncology ICTRC, Wagholi, highlighted on an integrative approach of cancer.

Dr. Shrinivas Datar, Assistant Director, ICTRC, Wagholi, delivered a lecture on an Ayurvedic perspective of cancer.



Day 2 :- 18th January 2022

Dr. Vidya Gupta, Research Adviser of ICTRC, Wagholi, delivered a lecture on assessment of efficacy of Panchakarma treatment from perspective of basic science.

Dr. Sandip Chavan, Research Officer, DSL, ICTRC, Wagholi, highlighted on drug standardization of medicines used in Panchakarma treatment.

Dr. Bhagyashree Kumbhalkar, updated about a paper published by ICTRC on Yashtimadhu Taila and Yashtimadhu Ghruta used in Panchakarma.

Dr. Prajwal Narayan, Ayurvedic physician, Bangalore, delivered an online lecture on role of Panchakarma in cancer prevention and cancer management.

Dr. Keyur Gutte, Surgical Oncologist, Pune, highlighted on Role of surgery in management of Cancer.

Dr. Devidas Karde demonstrated pre and post operative management in cancer patients.



Day 3 : - 19th January 2022

Dr. Sukumar Sardeshmukh, Director, Atharva Nature Healthcare Pvt, Ltd, Pune, updated about various oils used in cancer treatment.

Dr. Tapan Kumar, Ayurvedic practitioner, Gujarat, shared his clinical experiences in Panchakarma in cancer patients.

Dr. Jagdish Shinde , Radiation oncologist, Pune, talked about radiotherapy in cancer management.

Dr. Madhuri Anuje demonstrated the radiotherapy planning in cancer patients.



Day 4 :- 20th January 2022

Dr. Vineeta Deshmukh, Deputy Director of ICTRC, Wagholi, highlighted on Panchakarma in breast cancer.

Dr. Shweta Gujar, Assistant Director, ICTRC, Wagholi, delivered a lecture on Panchakarma in oral cancer.

Dr. Shridevi Pathak updated about the assessment of Cytokines and ROS in the various types of cancers.

Dr. Sadanand Sardeshmukh, Director, BSDT, Wagholi, shared his experiences of Panchakarma in various types of cancer and presented case reports of cancer patients treated with Panchakarma treatment. Dr. Vinita Awalkanthe, Dr. Dhananjay Deshpande, Dr. Vijay Radye, Dr. Amruta Salunkhe, Dr. Omkar Pathak, assisted for case report presentations.

Dr. Anjali Deshpande, HOD and Professor, Kayachikitsa Department, B.S.D.T's Ayurved Mahavidyalaya, Wagholi, highlighted on challenges and probable Vyapadas of Panchakarma and their managements in cancer patients.

Dr. Sameer Gore, Assistant Physician, ICTRC, Wagholi, delivered a lecture on benefits of Raktamokshana in Cancers.

Dr. Sneha Nabar demonstrated Nasya Chikitsa in cancer patients.



Day 5:- 21st January 2022

Dr. Sharad Porte, Associate Professor, Agadtantra Department, National Institute of Ayurveda, Jaipur, delivered a lecture on role of Panchakarma and its principals in the management of cancer patients.

Dr. Vasanti Godse , Assistant Director, ICTRC, highlighted about efficacy of Panchakarma treatment in Triple Negative Breast Cancer (TNBC).

Dr. Bhagyashree Sardeshmukh, SRF, ICTRC,Wagholi, presented cases of TNBC patients treated with Panchakarma.

Dr. Swapna Kulkarni, Research Associate, ICTRC, talked about efficacy of Panchakarma treatment in breast cancer patients having BRCA 1/ BRCA 2 mutations.

Dr. Nilambari Sardeshmukh, SRF, ICTRC, Wagholi, presented cases of breast cancer patients having BRCA 1/ BRCA 2 treated with Panchakarma.

Dr. Shubhada Chiplunkar, Former Director, ACTREC, Navi Mumbai, shared an immunological perspective of Panchakarma in oral cavity cancer.

Dr. Shivani Gavande, Professor- Parul Institute of Ayurveda and Research,Vadodara-Gujarat, delivered lecture on role of Krimighna basti in management of Gynecological cancer.

Dr. Abhishek Salunkhe presented cases on Krimighna Basti and QoL in cancer patients.

Dr. Sarika Dange demonstrated effectiveness of Vaman and Virechana in cancer patients.





Day 6 :- 22nd January 2022

Dr. Ranjit Nimbalkar, Ayurvedic physician, Pune, highlighted on Nidanpanchak and Panchakarma in cancer.

Dr. Sushrut Sardeshmukh demonstrated Hrudbasti, Katibasti, Pindashek, Lepa in the treatment of cancer patients.

Dr. Pradnya Kodre updated about Yonidhavana and Yonipichu in the management of gynecological cancers and gynecological disorders in cancer patients.

Dr. Sujit Joshi, Oncopathologist, Excel Diagnostics, Pune and consultant oncopathologist at Deenanath Mangeshkar Hospital, Pune, updated about the basics of oncopathology.



Valedictory Session -

Prayer of Lord Dhanvantari and lighting lamp by Chief guest Dr. Sadanand Sardeshmukh, Director, ICTRC, Wagholi. Report of CME days was given by Dr. Pallavi Moghe, Coordinator of CME - Panchakarma in Cancer. Feedbacks regarding CME by trainees were given. Address by the chief guest was given. Certificates to all trainees were given by Dr. Anand Kulkarni, Principal, B.S.D.T's Ayurved Mahavidyalaya, Wagholi, Pune and at the end vote of thanks was given by Dr. Vineeta Deshmukh, Deputy Director, ICTRC, Wagholi, followed by Pasaydan.





Visits to following Departments were conducted for trainees –

❖ **Panchakarma Hospital**



❖ **Molecular Biology Lab, Tissue Culture Lab, Zebra Fish Lab, Immunology Lab, Drug Standardization Lab**



❖ **Radiotherapy Department**



❖ **Atharva Nature Healthcare Pvt Ltd**



❖ **Sanjeevani Plantation**



❖ **Dhanwantari Yag at Samadhi Mandir**

